BARRY GLASSMAN HARFORD COUNTY EXECUTIVE



BILLY BONIFACE DIRECTOR OF ADMINISTRATION

FOR IMMEDIATE RELEASE

July 14, 2016

For more information, contact: Cindy Mumby 410-340-5376 camumby@harfordcountymd.gov

Harford County Libraries to Serve as "Cooling Centers" Thursday July 14; Heat Index Expected to Reach 105 Degrees

BEL AIR, Md., (July 14, 2016) - With the heat index expected to reach 105 degrees on Thursday, July 14, the Harford County Department of Emergency Services, in cooperation with Harford County Public Library and the Harford County Health Department will utilize libraries as "Cooling Centers" during normal business hours. On Thursdays, the Bel Air Library is open from 11 a.m. to 8 p.m., and the Darlington Library is open from noon to 5 p.m. All other Harford County locations are open on Thursdays from 1 to 8 p.m. For updated information, please go to www.hcplonline.org or the Harford County Public Library Facebook page.

The branch locations of Harford County Public Library are as follows:

- Aberdeen 21 Franklin Street, Aberdeen, Maryland 21001
- Abingdon 2510 Tollgate Road Abingdon, Maryland 21009
- Bel Air 100 E. Pennsylvania Avenue, Bel Air, Maryland 21014
- Darlington 1134 Main Street, Darlington, Maryland 21034
- Edgewood 629 Edgewood Road, Edgewood, Maryland 21040
- Fallston 1461 Fallston Road, Fallston, Maryland 21047
- Havre de Grace 120 N. Union Avenue, Havre de Grace, MD 21078
- Jarrettsville 3722 Norrisville Road, Jarrettsville, Maryland 21084
- Joppa 655 Towne Center Drive, Joppa, Maryland 21085
- Norrisville 5310 Norrisville Road, White Hall, Maryland 21161
- Whiteford 2407 Whiteford Road, Whiteford, Maryland 21160

According to the Harford County Health Department, heat illness takes many forms including heat fatigue, heat syncope (sudden dizziness after exercising in the heat), heat cramps, heat exhaustion or the most serious, heat stroke. Heat stroke is an advanced form of heat stress that occurs when the body is overwhelmed by heat and unable to control its temperature. A person with a body temperature above 104 degrees is likely suffering from heat stroke and may have symptoms of confusion, combativeness, strong rapid pulse, lack of sweating, dry flushed skin, faintness, staggering, possible delirium, or coma. Persons with any of these symptoms, especially older adults, should receive immediate medical attention.

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